JUL 1 9 2006

## AZ OSTEOPATHIC BOARD

### BEFORE THE ARIZONA BOARD OF OSTEOPATHIC EXAMINERS

1 IN MEDICINE AND SURGERY 2 IN THE MATTER OF: Case No.: 3741 3 CONSENT AGREEMENT AND ORDER Thomas J. Handeguand, D.O. FOR SUSPENSION OF LICENSE AND Holder of License No. PROBATION For the practice of osteopathic medicine in the State of Arizona 7 8 9 10 11 hereto agree to the following disposition to this matter. 12 1. 13 14 2. 15 16 judicial review of the consent order in state or federal court. 17 3. 18

By mutual agreement and understanding, the Arizona Board of Osteopathic Examiners (hereafter "Board") and Thomas J. Handeguand, D.O. (hereinafter "Respondent"), the parties

- Respondent acknowledges that he has read this Stipulation and the attached Consent Order; and, Respondent is aware of and understands the content of these documents.
- Respondent understands that by entering into this Stipulation, he voluntarily relinquishes any rights to a hearing on the matters alleged as grounds for Board action or to seek
- Respondent understands that this Stipulation and Consent Order will not become effective unless approved by the Board and signed by its Executive Director.
- Respondent further understands that this Stipulation and Consent Order, once 4. approved and signed, shall constitute a public records which will be disseminated as a formal action of the Board as required by A.R.S. §§ 32-1855 (L) and (K).
- 5. Respondent admits, solely for purposes of this Consent Agreement, to the statement of facts and conclusions of law contained in the Stipulated Consent Order.

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approval.

6. All admissions made by Respondent are solely for final disposition of this mat	ter
and any subsequent administrative proceedings or litigation involving the Board a	nd
Respondent; and, therefore, said admissions by Respondent are not intended for any other	er
purpose, or for any administrative regulatory proceeding or litigation in another state or fede	ral
court.	
7. Respondent acknowledges and agrees that upon signing and returning t	his
document (or a copy thereof) to the Board's Executive Director, he may not later revoke	or
amend this Stipulation or any part of the Consent Order, although said Stipulation has not	/et
been accepted by the Board and issued by its Executive Director, without first obtaining Board	ırd

REVIEWED AND ACCEPTED this \_\_\_\_\_ day of July, 2006.

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Thomas J. Handeguand, D.O.

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AZ OSTEOPATHIC BOARD

Kraig J. Marton, *Attorney for Respondent* (Approving as to form)

#### JURISDICTIONAL STATEMENTS

- 1. The Board is empowered, pursuant to A.R.S. § 32-1800 et seq., to regulate the practice of osteopathic medicine in the State of Arizona, and the conduct of the persons licensed, registered, or permitted to practice osteopathic medicine in the State of Arizona.
- 2. Respondent is the holder of License No.2220 issued by the Board for the practice of osteopathic medicine in the State of Arizona.

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#### **FINDINGS OF FACT**

- 3. On June 23, 2006, the Board received a facsimile from a local pharmacy alleging suspicious prescription activity involving several patients of Respondent, to wit:
  - a. Prescriptions were called in for Respondent's patient S.M. and C.K., who is not Respondent's patient. Some of S.M.'s prescriptions and all of C.K.'s were fraudulent.
  - b. Similar fraudulent prescriptions were found at three (3) other pharmacies.
  - c. When contacted by the pharmacy, Respondent advised them that he had never heard of C.K. and did not authorize any of the prescriptions for C.K. and authorized only some of those for S.M.
  - d. It was determined that these prescriptions were being called in by one of Respondent's staff members identified only as "Amy" (later identified as A.M.), who was the spouse of S.M.
- 4. On June 26, 2006, Respondent was interviewed by Board staff regarding the allegations:
  - a. Respondent first became aware of any problem when he received a phone call from the pharmacy. He then talked with A.M.
  - b. He advised that A.M. has worked for him for about 10 years. She is a clerical employee working as a receptionist. A.M. and her husband S.M. are both patients of his. He said S.M. recently had surgery for a cyst, and they have both been under his care for a variety of things. He stated that C.K. was not his patient, and he never heard of him prior to the call from the pharmacy.
  - c. Respondent was asked if he was taking any medication. He said he was under prescription for Hydrocodone, Soma and Ambien for low back pain and sleeping problems. He advised that this was from a prescription written by his personal doctor, who is Dr. David Manzanares, M.D.
  - 5 On June 26, 2006, A.M was interviewed by Board staff regarding the allegations:
    - a. A.M. stated she has an addiction problem and has been calling in large quantities of Vicodin for her husband S.M., herself, and C.K., a friend who works with her husband.
    - b. She advised that she has been working for Respondent for about 6 years. She has been addicted for about a year and is taking 10-12 Vicodin ES per day. S.M. takes 20-30 per day, but she is not sure how much C.K. takes on a daily basis. She stated that Respondent has been prescribing for her for about 1 ½ years for bad headaches.

c.	When he confronted her on 6/23/06, A.M. told Respondent everything.
	She told him that she had an abuse problem, and that she had been calling
	in prescriptions for S.M.'s friend C.K. She claimed that the prescriptions
	she called in for herself and S.M. were approved by Respondent. She
	claimed she never called in a prescription for herself or S.M. that the
	doctor did not first give an approval for, and she asserted that Responden
	initialed the written request each time, either by writing "OK" or his
	initials to the written slip.
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- d. She advised that she would use 5 different pharmacies to obtain the prescriptions and would use Walgreen's for her insurance claim. The other pharmacies would be cash.
- e. A.M. stated she has not been formally seen for any disorder by Respondent since 2004 but she saw him daily as an employee. Her husband had seen him regularly however, and has had back surgery about a week prior to the interview. She admitted that Respondent knew absolutely nothing about C.K. She would simply call those in on her own without the Respondent's consent or knowledge.
- f. Respondent gave her advice as to where to turn to for help. She said he told her about an addiction specialist in Prescott Valley, and also told her she could also get help from Good Samaritan Hospital.
- 6. Respondent was then reinterviewed by Board staff regarding the allegations:
  - a. Respondent stated that the last time he had examined A.M. was on 10/08/04. He stated that he discussed the matter of unauthorized prescribing with A.M., after receiving the call from the pharmacy, and pulled her off the phones. He continued to deny any prior knowledge of any addiction by A.M.
  - b. Respondent then admitted that he was not under prescription for Ambien, but had self medicated himself with samples in his office. The Hydrocodone and Soma were under prescriptions by Dr. Manzanares. Respondent was ordered to provide a urine sample.
  - c. Subsequently, the Board staff learned that the Respondent had been abusing Hydrocodone and Soma.
- 7. On June 28, 2006, Respondent voluntarily checked himself into a rehabilitation facility and informed the Board, through his wife, of his admission and his abuse of medications.

#### **CONCLUSIONS O F LAW**

1. Pursuant to A.R.S. § 32-1800, et seq. the Arizona Board of Osteopathic Examiners in Medicine and Surgery has subject matter and personal jurisdiction in this matter.

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2.	The	conduct	and	circumstances	described	in	paragraphs	3	through	6	above
constitute	unprofess	sional con	duct	as defined in th	e following	g pa	ragraphs of	A.J	R.S. § 32-	-18	54:

- (5) Prescribing, dispensing, or administering controlled substances or prescription only drugs for other than accepted therapeutic reasons.
- (22) Using controlled substances or prescription-only drugs unless they are provided by a medical practitioner, . . ., as part of a lawful course of treatment.
- (34) Lack of or inappropriate direction, collaboration or supervision of a licensed, certified or registered health care provider or office personnel employed by or assigned to the physician in the medical care of patients.
- (36) Prescribing or dispensing controlled substances or prescription-only medications without establishing and maintaining adequate patient records.
- (39) Any conduct or practice that impairs the licensee's ability to safely and skillfully practice medicine or that may reasonably be expected to do so.

### **ORDER**

#### NOW, THEREFORE, IT IS AGREED AND ORDERED AS FOLLOWS:

- Thomas J. Handeguand, D.O. ("Respondent"), Board license No. 2220 shall be
   SUSPENDED from the practice of osteopathic medicine and surgery until he has complied with the following terms and conditions of this agreement:
  - a. Respondent will successfully complete the in-patient evaluation for possible alcohol or chemical dependency at a facility approved by the Board. Should the Board approved facility find an assessment of chemical or alcohol dependency, Respondent will follow the recommendations for treatment.
  - b. Respondent will develop a plan for aftercare treatment and monitoring which shall include, but may not be limited to, individual and/or group counseling sessions, random body fluid testing, agreement for release of treatment records and reports to the Board, prohibition of the use of alcohol and controlled substances unless the latter is prescribed or coordinated by his treating physician, and regular meeting with the Board, and submit this plan to the Board for its approval.

- 2. Respondent will sign a release authorizing personnel at any subsequent treatment facility, counselor, treatment professional or doctor to inform the Board of his progress as to his in-patient evaluation and any in-patient treatment program and will provide the Board with a copy of any and all records pertinent to his diagnosis and treatment while a patient at said facility and upon discharge.
- 3. Upon written request by the Respondent, Respondent will meet with the Board upon reasonable notice after discharge from approved treatment facility to discuss his compliance with this agreement and to discuss whether or not he should resume the practice of osteopathic medicine and the terms and conditions under which he will be allowed by the Board to resume the practice of osteopathic medicine and surgery in the State of Arizona.
- 4. If Respondent is allowed to resume the practice of medicine, Respondent will be placed under **PROBATION** for five (5) years from the date of this order and he shall comply with the terms and conditions of probation as set forth herein:
- 5. Respondent will develop a plan for aftercare treatment and monitoring which shall include, but may not be limited to, individual and/or group counseling sessions, random body fluid testing, agreement for release of treatment records and reports to the Board, prohibition of the use of alcohol and controlled substances unless the latter is prescribed or coordinated by his treating physician, and submit this plan to the Board's Executive Director for approval.
- 6. From the date of this Order, Respondent shall obtain psychiatric or psychological treatment by a therapist(s) who is either a licensed psychiatrist and/or psychologist and is selected by Respondent and approved by the Board's Executive Director. Respondent shall comply with the therapist recommendation for the frequency of therapy treatment sessions.

Respondent shall inform the Board by letter (mailed within twenty days of his discharge from the treatment facility) of the therapist's name; and, Respondent shall undertake and fully cooperate with a program of treatment established by the therapist. In the event Respondent changes therapists, he shall give the Board written notice within ten (10) days of said action. Respondent shall not discontinue or reduce the frequency of psychotherapy sessions until he has submitted a written request to the Board and obtained Board approval.

- 7. Respondent's therapist(s) shall receive a copy of this Order and Board staff shall cooperate with and disclose all relevant information in the Board's files concerning Respondent. The treating therapist shall be directed by Respondent to send to the Board a detailed written progress report every month for the remainder of the probation; and Respondent, shall waive any confidentiality concerning his psychotherapy in order that the Board may receive full disclosure of information. The expense of the aforementioned therapy and the reports to the Board by Respondent's therapist shall be the sole responsibility of the Respondent.
- 8. Respondent shall provide a copy of this Order and any subsequent Orders to all facilities where Respondent is currently (or subsequently) employed as a physician and/or has (or subsequently receives) privileges to engage in the practice of medicine. Respondent shall provide a copy of this Order to all of his treating physicians, dentists and or health care professionals. Respondent shall continue to make the aforementioned disclosure and provide copies of this Consent Order until the expiration of this Order.
- 9. Respondent shall abstain completely from the consumption of alcoholic beverages or any substance with alcohol (i.e. cough syrups); and, Respondent shall not consume illicit drugs or take any controlled substances (i.e., prescription only drugs), unless his treating physician prescribes such medication for him with the awareness that Respondent has this substance abuse problem. Respondent shall maintain a monthly log (for the duration of

probation) of all prescription only drugs taken by him and such log shall include the following information:

- (a) the name of the medication;
- (b) name of prescribing physician;
- (c) reason for the medication.

At the first of each month, Respondent shall report by letter to the Board whether or not he is taking any prescription only medication and, if so, a copy of his log reflecting the above information.

- 10. Respondent shall also, as part of his probation: (A) submit to and cooperate in any reasonably required independent medical or psychological evaluation that is ordered by the Board for Respondent and conducted by the Board's designated physician and/or psychologist which shall be paid for by Respondent; and (B) appear before the Board, upon receipt of a request by written or telephonic notification from the Board's executive director which shall be given at least five (5) days prior to the Board meeting; and, (C) submit to random biological fluid testing and promptly provide (i.e., within sixty (60) minutes of notification unless excused by the Board's executive director) required biological fluids for testing and said testing shall be done at the Respondent's expense.
- 11. Respondent shall participate in a minimum of ninety (90) self-help meetings through such organizations as A.A., N.A., C.A. and doctor's Caduceus group in ninety (90) days. Respondent shall keep a log of all meetings attended and have the log signed by the chairperson of the meeting. Respondent will provide the Board with a copy of the signed log the first of every month.
- 12. In the event Respondent moves and ceases to practice medicine in Arizona, he shall give written notice to the Board of his new residence address within twenty (20) days of

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moving; and, the terms and duration of probation may be stayed by the Board until Respondent returns to practice medicine in Arizona.

- 13. Respondent shall pay for all expenses associated with the continued monitoring of this matter.
- 14. Respondent shall continue to meet all licensing requirements such as continuing medical education and renewal requirements including applicable fees pursuant to A.R.S. § 32-1825.
- 15. Respondent's failure to comply with the requirements of this Order shall constitute unprofessional conduct as defined at A.R.S. § 32-1854(26), as amended, and may be considered as grounds for further disciplinary action (e.g., suspension or revocation of license) in the event that Respondent fails to comply with any of the requirements of this Order.
- 16. Respondent may have his license to practice as an osteopathic physician restricted, suspended or revoked by the Board in the future if:
  - The Board finds that Respondent does not have the requisite mental, physical and emotional fitness to safely continue the practice of medicine; or,
  - There are new grounds for finding unprofessional conduct concerning Respondent; or,

MEDICINE AND SURGERY

Fails to comply fully with the terms and conditions of this Order.



STATE OF ARIZONA BOARD OF OSTEOPATHIC EXAMINERS IN

Jack Confer, Executive Director

Original "Consent Agreement And Order For Suspension Of License And Probation" filed this 2 day of A1605 , 2006 with the:

Arizona Board of Osteopathic Examiners In Medicine and Surgery 9535 East Doubletree Ranch Road Scottsdale AZ 85258-5539

1 2	Copy of the foregoing "Consent Agreement And Order For Suspension Of License And Probation" sent via certified, return receipt requested this 200 day of AJ6051, 2006 to:	
3	unis 2 day of 71383 1 , 2000 to:	
	Thomas J. Handeguand, D.O. 8618 North 35 <sup>th</sup> Avenue Suite 1	
4	Phoenix, AZ 85051	EIVED
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6	JOE .	
7	Kraig J. Marton Jaburg & Wilk  AZ OSTEOR	ATHIC BOARD
8	3200 North Central #2000	
9	Phoenix, AZ 85012 Attorney for Dr. Handeguand	
10	Copies of the foregoing "Consent Agreement And Order For Suspension Of License And	
11	Probation" sent via regular mail this 200 day of 1005, 2006 to:	
12	Blair Driggs, AAG Office of the Attorney General CIV/LES	
13	1275 West Washington Phoenix AZ \$5007	
14	Thomas AZ 255007	
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